

Sindh Flood Relief and Rehabilitation Drive

Q4 2022 Report



FEMT School Network
Friends Educational & Medical Trust
Since 1965

401-402, Progressive Plaza,
Beaumont Road, Civil Lines,
Karachi, Pakistan

Table of Contents

Cover Letter	Page 3
Relief Goods Details	Page 5
Collection from FEMT Network Schools	Page 10
Packing and Container Loading	Page 11
Unloading and Distribution	Page 12
Map of Distribution Area	Page 13
Cost Breakdown – Phase 2	Page 16
Distribution Pictures and Videos	Page 18
Case Study – Din Muhammad Khariar Village	Page 21
Phase 3 Plans and Collaborations	Page 22
Waqar – A story of Hope and Resilience	Page 23
Remittance and Banking Details	Page 24

FRIENDS' EDUCATIONAL & MEDICAL TRUST

401-402, Progressive Plaza, Civil Lines, Beaumont Road,
KARACHI-75530 (PAKISTAN)

January 5, 2023

To,
Our Generous Donors,
Our Tireless Volunteers,
Our Prospective Sponsors,
Our Silent Supporters & Well-wishers,
And our local Partners working alongside us in Sindh,

Re: Sindh Flood Relief Report – Q4 2022

Dear Brothers and Sisters,

Assalaam-un-Alaikum,

We hope this letter finds you all well and in good spirits.

On behalf of our trustees and board members, we would like to thank each and every one of our fellow humanitarians who have helped us in this noble cause with their donations, ideas, time and efforts. By the grace of the Almighty, for Phase 2 of our drive, FEMT was able to increase the value of relief goods sent to Interior Sindh by almost 900%. This not only allowed us to cater to more individuals and villages, but also allowed us to increase the variety of goods that were distributed.

Our report below details the Phase 2 of our flood relief efforts. Similar to Phase 1, our board members have absorbed any and all administrative, warehousing, and transportation costs so that 100% of the proceeds of your donations go directly to those in need.

For our Phase 3 operations, we have decided to focus all of our efforts on rehabilitation of those displaced and the rebuilding of homes destroyed by the floods. With the onset of cold winter nights, our team has already procured 2000 tents that will be immediately delivered to those who have been displaced to provide immediate shelter.

FEMT is also actively coordinating with our on-ground team and several partner organizations in Interior Sindh in terms of our site surveys of villages. This coordinated effort will ensure that there is no duplication in our data and a standard procedure is adopted in terms of the civil works that we plan to undertake.

FRIENDS' EDUCATIONAL & MEDICAL TRUST

401-402, Progressive Plaza, Civil Lines, Beaumont Road,
KARACHI-75530 (PAKISTAN)

Our donors have made an initial pledge of rebuilding 200 homes and we hope to increase this number with your continued support. In this regard, we have added our banking and remittance instructions on the last page of this report – May the Almighty bless you all!

“The generosity of a few, is the hope of many.”

Wishing you and your loved ones a happy, healthy and prosperous new year! Thanking you once again for giving us this opportunity to be your ‘zariyas’ (intermediaries) in this great cause.

With kind regards, salaams and duas,

A. Patel



Friends' Educational & Medical Trust



Phase 2 – Relief Goods Details

After the successful completion of our Phase 1 drive on the 30th of Aug 2022, FEMT decided to include a broader range of relief goods for distribution to the flood victims to cater to their urgent needs. After consultations with various professionals, on-field workers and the flood affectees themselves, the below 10 different relief bags were prepared (25,908 in total). This has resulted in an impact to approximately 150,000 individuals in Interior Sindh.

1) Ration Bag

During our first drive, FEMT distributed 500 ration bags. This time around, with the help of our donors, we were able to distribute 2200 such bags. We would like to thank our friends at Habib Sugar Mills Limited for donating sugar for this drive. The contents of each ration bag are as follows:

ITEM	QTY
1.FLOUR	5KG
2.RICE	5KG
3.SUGAR (GIFTED)	2.5KG
4.OIL	2LTS
5.TEAPACK	250G
6.PULSES MOONG	1KG
7.PULSES CHANNA	1KG
8.MATCHBOX	1BOX
9.SALT	500G



2) Crockery Bag

Many flood victims not only lost their homes but also their belongings and household items. 600 crockery bags were distributed which were appreciated by all recipients:

ITEM	QTY
1.GLASS	2PCS
2.THAAL	1PCS
3.PATEELI	1PCS
4.SPOON	1PCS
5.FRY PAN	1PCS



3) Mosquito Protection Bag

With cases of dengue, malaria and other mosquito-borne illnesses on the rise, FEMT managed to procure and distribute 11,000 mosquito protection bags (with an additional 7,500 nets distributed separately). The drawstring bag in which these items were distributed is made of waterproof canvas material and can be used for carrying valuables moving forward.

ITEM	QTY
1.NET	1PCS
2.LOTION	6PCS
3.COIL	1PKT
4.MATCH BOX	2PCS
5.FEMT BAG	1PCS



4) Female Wellbeing Bag

In times of disaster, we sometimes forget the immediate needs of women – especially keeping in mind their respect for privacy and hygiene. Sanitary napkins and soaps were added and the distribution of these bags was also conducted in a respectful manner. Two chaadars were also added in each bag which can be used for several purposes: covering from the sun, protection from mosquitos at night as a light blanket, swaddling babies, etc.

ITEM	QTY
1.FEMALE SANITARY NAPKINS	20PCS
2.CHAADAR	2PCS
3.SOAP	1PCS
4.FEMT BAG	1PCS



5) Tent Material Bag

We would like to thank Mr. Hasnain Rashid and family for their kind donation of 104 canvas tents. These tents are the need of the hour with cold nights touching single digit temperatures.

ITEM	QTY
1.TENT MATERIAL (GIFTED)	1PCS



6) Energy Bag:

To provide ready-to-eat snacks, especially for children, 600 energy bags were prepared and distributed. The purchasing of these items was made directly from the manufacturers at discounted prices:

ITEM	QTY
1. MAZA JUICE	250ML
2. MARIE/SOOPER	F/PKT
3. MILK	1KG
4. FEMT BAG	1PCS



7) Mini Ration Bag

Another bag that proved to be highly appreciated was the mini ration bag. These bags contained the most basic staples along with a small bottle of achar (mixed pickles). With its long shelf life and ability to add flavor to the most basic of meals – the achar bottles provided much needed flavor to our recipients' meals.

ITEM	QTY
1. ACHAR	300ML
2. OIL	2LTRS
3. RICE	5KG



8) Medicine Kit

While several medical camps have been set up by other partner organizations, our FEMT Team decided to give the very basic medicines for immediate care:

ITEM	QTY
1. PANADO/CALPOL	4STRPS
2. ORS	6PCS
3. VASELINE	1PCS



9) Slippers Bag

During our first drive, our team members noticed several flood affectees walking barefoot for days on end. The souls of their feet were covered in either blisters or water-borne fungus. The slippers bag was also widely appreciated by the recipients:

ITEM	QTY
1. ADULT MALE	1PR
2. FEMALE	1PR
3. CHILD	1PR



10) Hand Held Water Jars

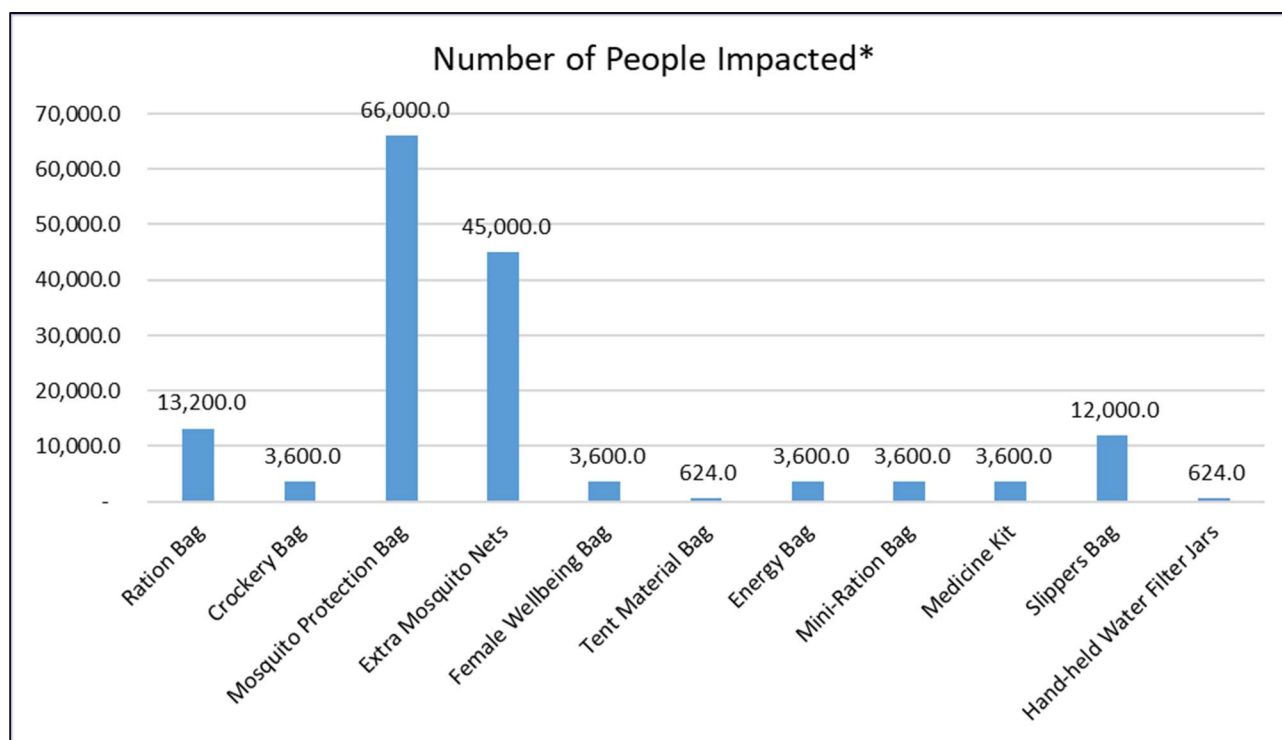
104 pieces of 15 litre hand-held water filter jars were donated to us by the Jumani family for onward distribution. The technology used in this product has been successfully tested and vetted by the ‘Pakistan Council of Research in Water Resources’. 99.99% of the bacterial is removed from sweet water by the anti-microbial ultra-filtration membranes in this product:

ITEM	QTY
1. WATER FILTER (GIFTED)	1



Summary of Bags Dispatched During Phase 2:

S. No.	Description	Quantity of Bags
1	Ration Bag	2,200.0
2	Crockery Bag	600.0
3a	Mosquito Protection Bag	11,000.0
3b	Extra Mosquito Nets	7,500.0
4	Female Wellbeing Bag	600.0
5	Tent Material Bag	104.0
6	Energy Bag	600.0
7	Mini-Ration Bag	600.0
8	Medicine Kit	600.0
9	Slippers Bag	2,000.0
10	Hand-held Water Filter Jars	104.0
Total		25,908.0



* Assuming an average of 6 family members per household

Collection from FEMT Network Schools

It is with great pride that we would like to share that our students, teachers and support staff all came forward and donated their valuable books, toys, stationery, personal belongings, cash and children's clothing through relief collection drives conducted in the school premises.

Our first and largest school, **Qamar-e-Bani Hashim Higher Secondary School situated in Malir – Karachi**, deserves a special mention in terms of the sheer number and quantum of donated items. The toys, stationery and warm clothing were appreciated by several recipient families across Sindh:



Details of Cash Donations Received from FEMT Network Schools:

Name of School	Cash Donation (PKR)
Qamar-e-Bani Hashim School, Malir - Karachi	84,211.0
USWA Boys Public School and College - Skardu	64,000.0
USWA Girls Public School and College - Skardu	79,600.0
Meezan Academy, Mehmoodabad - Karachi	25,000.0
Total	252,811.0

Packing and Container Loading

After their sourcing and procurement, the relief goods were packed over a span of several days at Queens Road. These items were then further secured in three 40' containers and locked to avoid any theft or damage during the journey from Karachi. The goods were then dispatched to three different distribution zones: Khairpur, Naushehro Feroze and Hyderabad. Our Phase 2 operations were conducted from the 25th of September to the 5th of October 2022.



Unloading and Distribution

The three 40' containers was unloaded at warehouses in Khairpur, Naushehro Feroze and Hyderabad respectively. Thereafter, our teams were mobilized to take the ration bags in shehzore trucks to targeted tehsils. Further distribution was then conducted via smaller chingchi richshaws and/or on foot to the smaller adjoining villages by FEMT staff and volunteers with the help of our local partners.



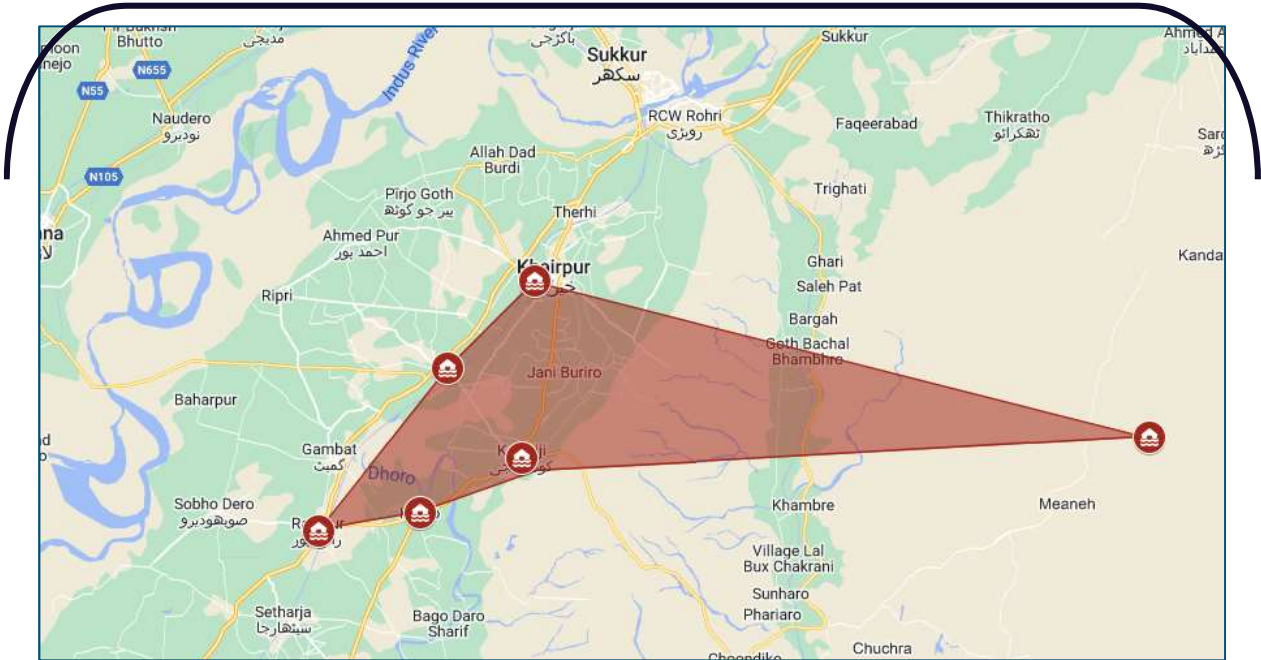
Map of Distribution Area

The distribution was divided into three cluster zones (one 40’ container for each zone).

Cluster 1: Khairpur Luqman



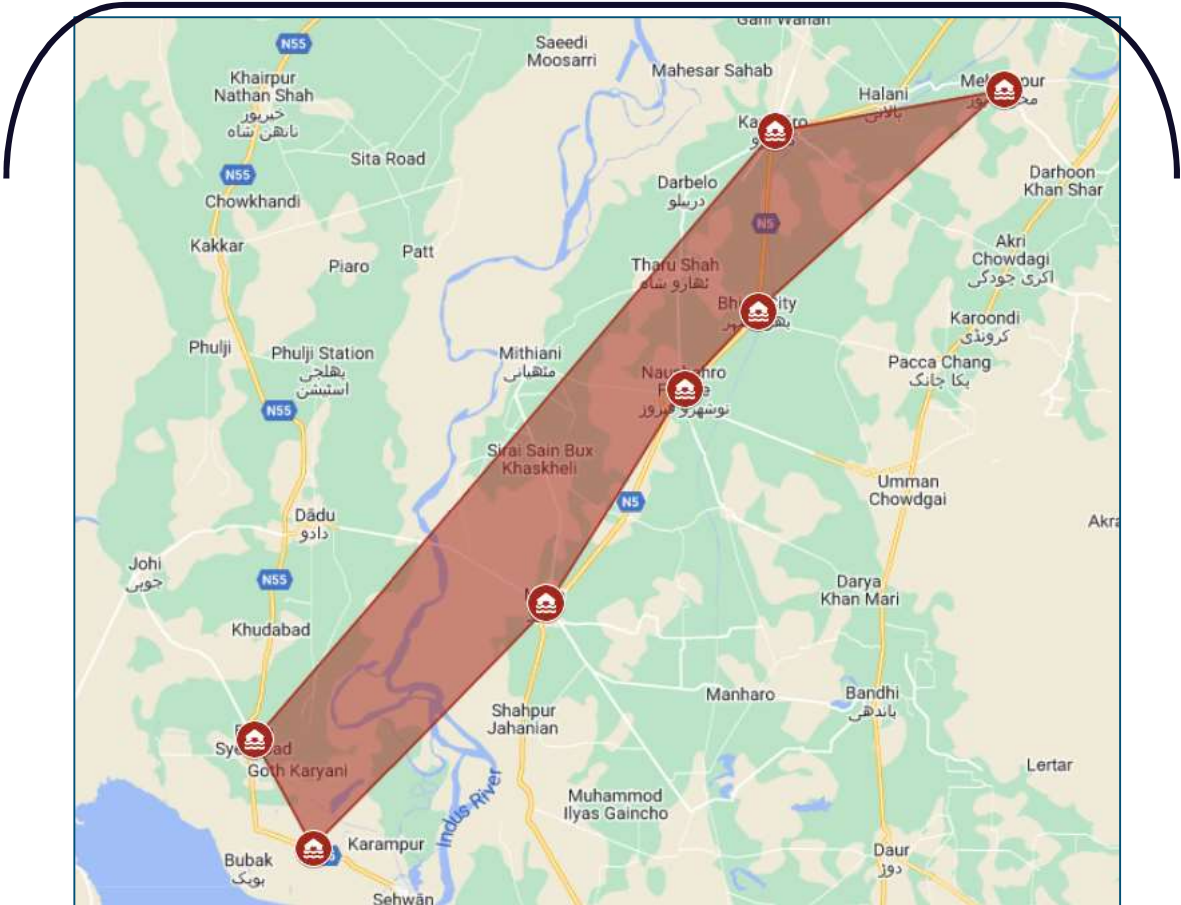
1	Salehput
2	Khairpur Luqman
3	Jamor Village
4	Kumb
5	Ranipur
6	Gahoo Village
7	Kingri Village
8	Sobodero Village
9	Dadar Village
10	Tando Masti Khan
11	Kotdjee
12	Goth Najamuddin Lashari
13	Koth Banglo
14	Koth Mangal Wasi



Cluster 2:
Naushehro Feroze



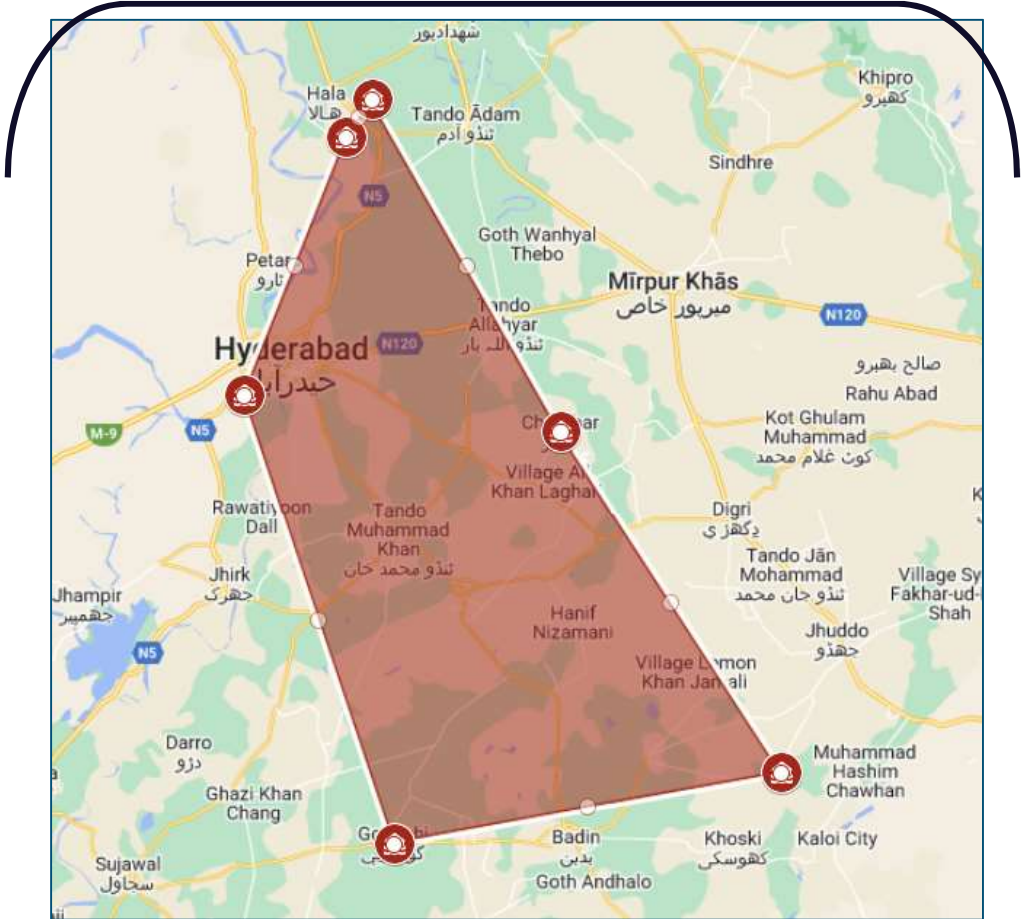
1	Mehrahpur
2	Kandiyaro
3	Naushehro Feroze
4	Moro
5	Bhiria City
6	Din Mohammad Khariar
7	Goth Arazi
8	Bhan Syedabad



Cluster 3:
Hyderabad



1	Goladchi
2	Jarkus
3	Narejaani
4	Bhitshah
5	Bughio Khandu City
6	Mevo Qurkali
7	Kotri



Cost Breakdown – Phase 2

Our purchasing team sampled various grades of pulses, rice and flour and made sure that there was no compromise on the quality of the food or items that were to be distributed. **The bag-wise costs are as follows:**



RATION BAG

ITEM	QTY	PRICE
1.FLOUR	5KG	550
2.RICE	5KG	540
3.SUGAR (GIFTED)	2.5KG	225
4.OIL	2LTS	825
5.TEAPACK	250G	200
6.PULSES MOONG	1KG	240
7.PULSES CHANNA	1KG	220
8.MATCHBOX	1BOX	30
9.SALT	500G	20
TOTAL		2,850
TOTAL BAG	2200	TOTAL COST
		6,270,000



MOSQUITO PROTECTION BAG

ITEM	QTY	PRICE
1.NET	1PCS	650
2.LOTION	6PCS	42
3.COIL	1PKT	68
4.MATCH BOX	2PCS	6
5.FEMT BAG	1PCS	94
TOTAL		860
TOTAL BAG	11000	TOTAL COST
		9,460,000



CROCKERY BAG

ITEM	QTY	PRICE
1.GLASS	2PCS	240
2.THAL	1PCS	260
3.PATEELI	1PCS	750
4.SPOON	1PCS	160
5.FRY PAN	1PCS	450
TOTAL		1860
TOTAL BAG	600	TOTAL COST
		1,116,000



FEMALE WELLBEING BAG

ITEM	QTY	PRICE
1.FEMALE SANITARY NAPKINS	20PCS	240
2.CHADAR	2PCS	630
3.SOAP	1PCS	24.5
4.FEMT BAG	1PCS	65
TOTAL		959.5
TOTAL BAG	600	TOTAL COST
		575,700



TENT MATERIAL BAG

ITEM	QTY	PRICE
1.TENT MATERIAL (GIFTED)	1PCS	2,000
TOTAL BAG	104	TOTAL COST
		208,000



ENERGY BAGS

ITEM	QTY	PRICE
1.MAZA JUICE	250ML	20
2.MARIE/SOOPER	F/PKT	170
3.MILK	1KG	190
4.FEMT BAG	1PCS	65
TOTAL		445
TOTAL BAG	2200	TOTAL COST
		267,000



MINI RATION BAG

ITEM	QTY	PRICE
1.ACHAR	300ML	265
2.OIL	2LTRS	825
3.RICE	5KG	540
TOTAL		1630
TOTAL BAG	600	TOTAL COST
		978,000



MEDICINE BAG

ITEM	QTY	PRICE
1.PANADO/CALPOL	4STRPS	150
2.ORS	6PCS	120
3.VASELINE	1PCS	50
TOTAL		320
TOTAL BAG	600	TOTAL COST
		192,000



ADDITIONAL MOSQUITO PROTECTION NET BAG

ITEM	TOTAL QTY	TOTAL PRICE
1.MOSQUITO NET	5,000PCS	1,750,000
2.MOSQUITO NET	2500	2,000,000
TOTAL		3,750,000



WATER FILTER GALLON

ITEM	QTY	PRICE
1.WATER FILTER (GIFTED)	1	4000
TOTAL BAG	100	TOTAL COST
		400,000

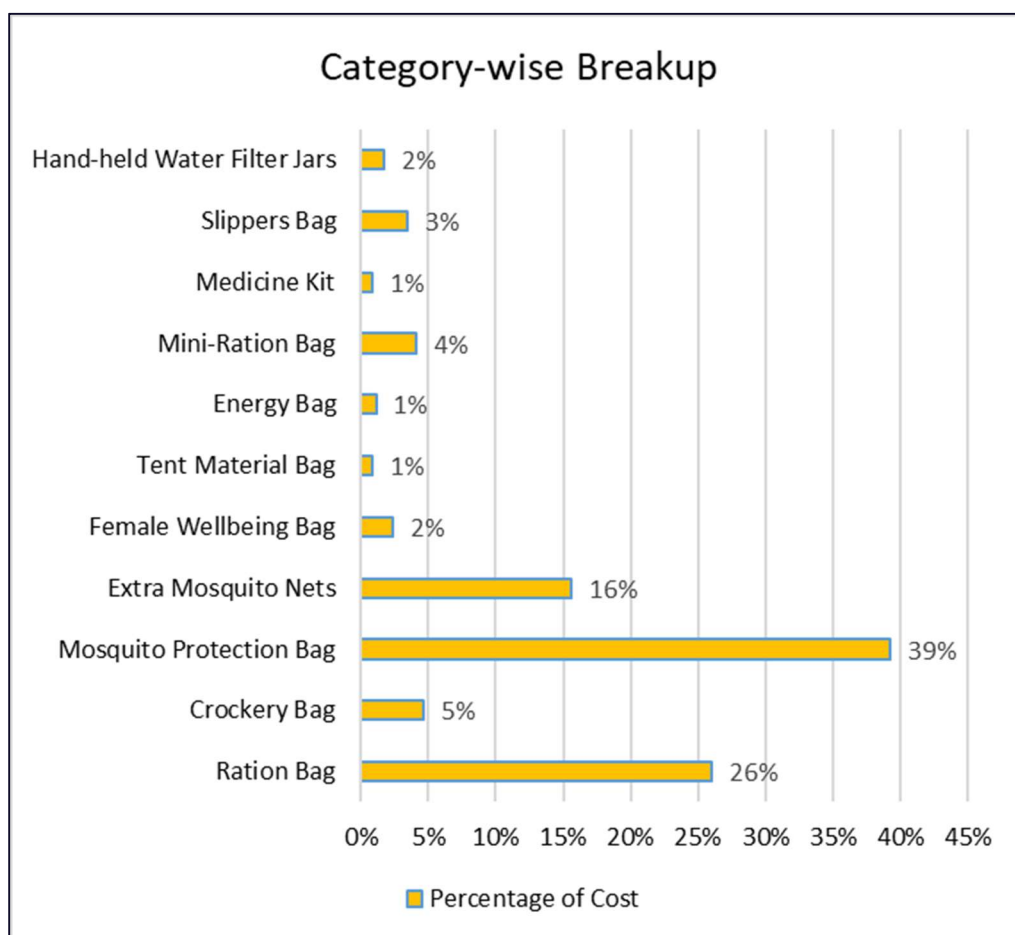


SLIPPERS BAG

ITEM	QTY	PRICE
1.ADULT MALE	1PR	150
2.FEMALE	1PR	150
3.CHILD	1PR	120
TOTAL		420
TOTAL BAG	2000	TOTAL COST
		840,000

The final cost breakdown is as follows:

S. No.	Description	No. of Bags	Cost per Bag (PKR)	Totals (PKR)
1	Ration Bag	2,200.0	2,850.0	6,270,000.0
2	Crockery Bag	600.0	1,860.0	1,116,000.0
3a	Mosquito Protection Bag	11,000.0	860.0	9,460,000.0
3b	Extra Mosquito Nets	7,500.0	500.0	3,750,000.0
4	Female Wellbeing Bag	600.0	959.5	575,700.0
5	Tent Material Bag	104.0	2,000.0	208,000.0
6	Energy Bag	600.0	445.0	267,000.0
7	Mini-Ration Bag	600.0	1,630.0	978,000.0
8	Medicine Kit	600.0	320.0	192,000.0
9	Slippers Bag	2,000.0	420.0	840,000.0
10	Hand-held Water Filter Jars	104.0	4,000.0	416,000.0
Total Cost for Phase 2				24,072,700.0



Distribution Pictures and Videos

FEMT team members have been very mindful and respectful of local customs while documenting the distribution. We have avoided the sharing heart wrenching pictures of destruction and peril that were witnessed during the distribution by our team members.







Please scan the QR code below to see a few videos made by our team members during their distribution:

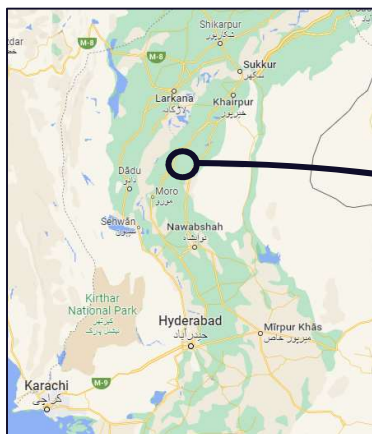


Case Study – Din Muhammad Khariar Village

In district Naushehro Feroze, there is a small village 5 km away from Bhiria City by the name of Din Muhammad Khariar. There are approximately 200 families residing in the village. The floods in August 2022 destroyed 80% of the homes in this village with flood waters exceeding several feet in height for many months. The only access to the village was by boat in Aug and Sept 2022.

FEMT team members, with the support of Ms. Saira Sajid (a resident of the village studying law in Karachi), took a special initiative to properly supply ration bags, mosquito nets, women's sanitary kits, children's toys and clothing for the flood affectees.

The women and children all appreciated attention given to their personal needs. With the help of our partner organizations, we plan to supply several portable toilets to this village so that their respect and dignity are kept intact at all times.



Please scan the QR code below to see a compelling video made by our team members:



Phase 3 Plans and Collaborations

From the 26th to the 29th of November 2022, FEMT team members made another trip to Interior Sindh to strategize our Phase 3 operations for the distribution of tents and rebuilding of homes. We have collaborated with 'The Water Foundation' (TWF) and 'The Society for the Prevention and Cure of Blindness' (SPCB) where a concerted and focused approach will be adopted during our Phase 3 operations. 23 team members for all three organizations surveyed various towns to strategize their relief efforts together with our local partners.

TWF is sending 3000 hand held water filter jars, 300 high flux gravity water tanks and 200 portable toilets to various locations surveyed during our visit. SPCB will also be conducting several eye screenings in flood affected villages as part of their yearly eye camps in Sindh.

It was also very heart-wrenching to see that even 4 months after the floods, entire villages and acres of land were still under several feet of water. The flood devastation in terms of crop loss, livelihood loss, livestock loss and loss of shelter was beyond measure.



Please scan the QR code on the right to see a few videos made by our team members:



Waqar – A Story of Hope and Resilience

With tales of destruction, death and despair, it is often difficult to see the silver lining. Especially in towns like Meher and Khairpur Nathan Shah, flood waters have caused destruction as far as the eye can see. Several daily wage earners lost their jobs and were forced to live in ‘tented cities’ as they no longer had homes to go back to.

One such individual is Waqar, a young man we met in one of these tent clusters during our visit. After losing everything, Waqar’s face was still beaming with a smile. We found this so strange that we could not help but ask him, “How can you still smile after what you have gone through?” Waqar explained with his determined steely eyes, *“I’ve lost everything and so how much more can I cry? I want to help my fellow villagers, I am willing to work to the best of my abilities. So, please tell me, how can I help you today?”*

Waqar’s confident reply left our entire team speechless and awestruck. **Ladies and gentlemen, we introduce to you, the latest member of our field staff and survey team – Mr. Waqar s/o Ghulam Nabi.** This past month, he has been working diligently surveying his adjoining villages and towns gathering data for our Phase 3 operations.



Remittance and Banking Details

Title: FBC Friends' Educational and Medical Trust

IBAN: PK15 BAML 1001 0081 0006 6301

Swift Code: BAMLPKKA

Bank Details: M/s. Bank Al-Habib Ltd, Main Branch,
I. I Chundrigar Road, Karachi

“The generosity of a few, is the hope of many.”

This Trust is approved by the CIT U/S 2(36)(c) of Income Tax Ordinance (ITO), 2001 read with Rule 214 of Income Rules, 2002 and the Donation, thus qualifies for Tax Credit U/S 61 of ITO, 2001.